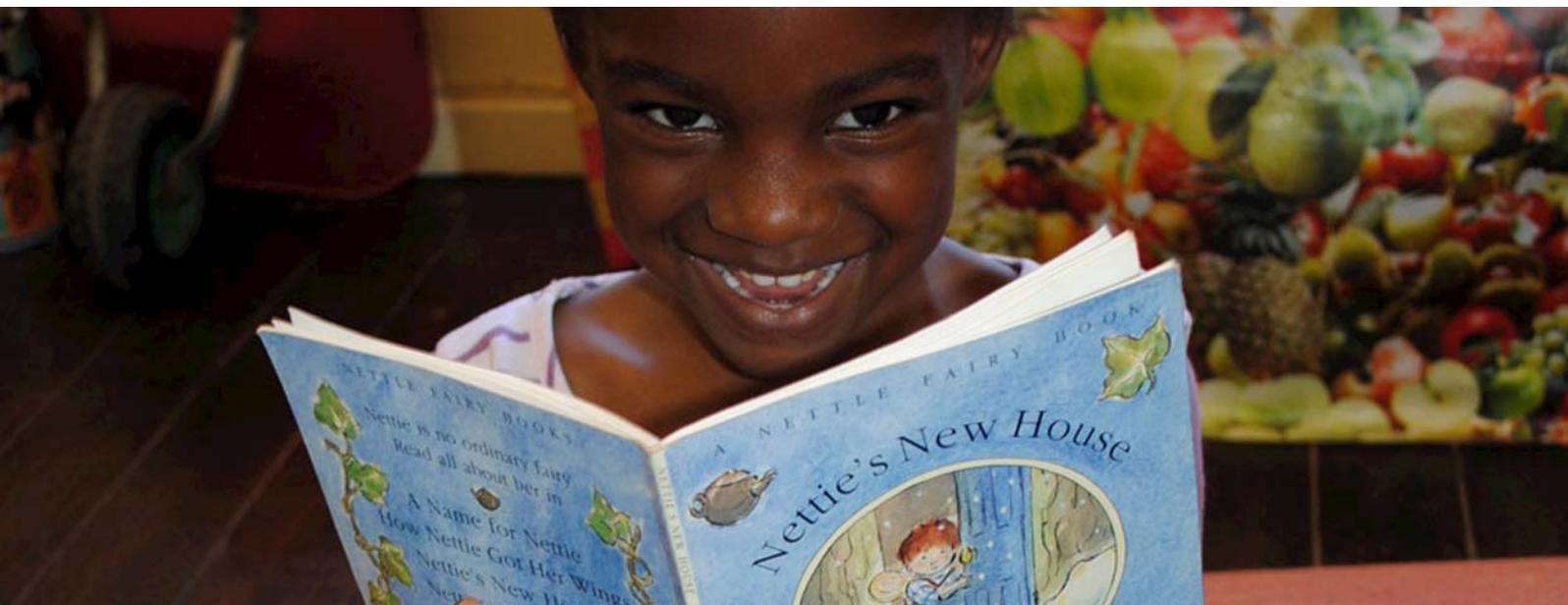


Hout Bay Children's Programmes



Overview

Location Hout Bay, Cape Town, South Africa.

Duration From 4 weeks.

Dates February to November.

- Requirements**
- Minimum age: 18.
 - You must have an Upper Intermediate level of English.
 - Special skills: You should have experience with children, or even be qualified as schoolteacher or nursery school teacher. Dance, arts and crafts would be a recommendation.
-

Your impact 

The impact of your volunteer work depends on the nature of the project. In addition, it may also depend on whether the project offers a full volunteering experience or a combination of volunteering and tourism. For details, please see the description of the project and what's included in the project fees.

Documents required Enrolment form, curriculum vitae, letter of motivation, passport copy, proof of medical insurance, police clearance certificate.

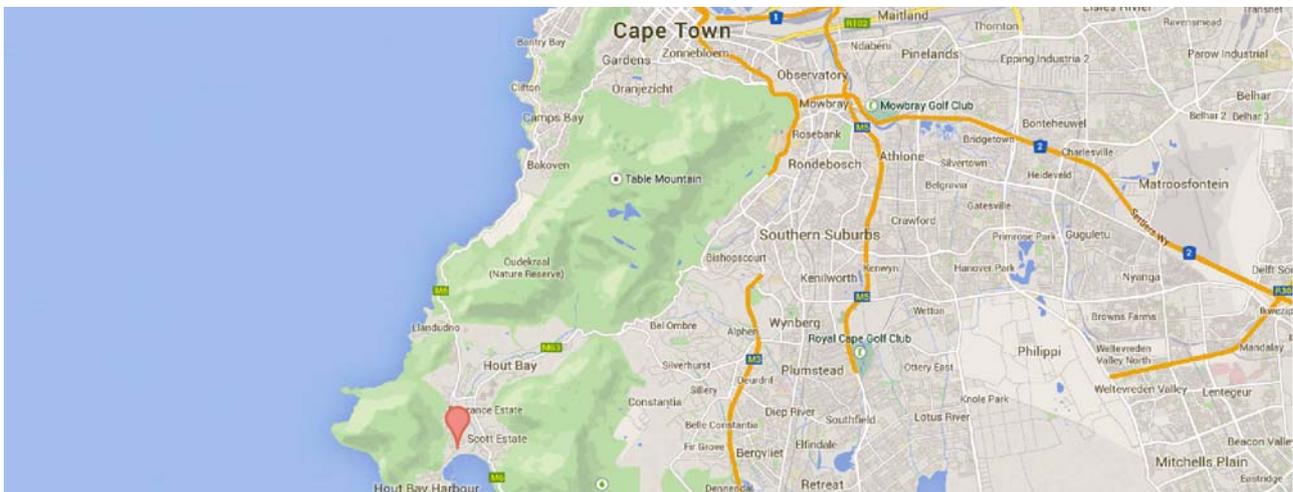
Day of arrival Saturday.

Day of departure Saturday.

Highlights

- Work with an inspirational team in a very welcoming & loving environment.
- Bring happiness and joy in the daily life of children - You are able to leave a lasting impact on the children's life.
- Volunteer in one of the most picturesque areas in Cape Town.
- Get personal support from the volunteer coordinator.
- Experience amazing tours and adventures in and around Cape Town.
- Make new friends from all over the world.

Project information



The Hout Bay Children's Programmes project provides Early Childhood Development services and care to the poor in the community of Imizamo Yethu near Hout Bay in South Africa.

This project services a **Day Care Centre** in the morning and an **After School Programme** in the afternoon. You can be involved in either or both projects, but we recommend attending both.

Day Care Centre :

The day care centre operates 5 days per week with a full-time principal and 16 staff members (all from the community) catering for and providing a safe learning space for 250 children aged between 10 months to 6 years while their parents can seek work in the nearby town.

Children are cared for in a loving environment and are taught Christian values and simple life skills and are prepared for formal schooling by teachers employed from the community who are themselves being empowered to become excellent career educators.

Their mission is to give the children that vital head start for successful lives in the future South Africa by pursuing the following clear purpose:

- Answer to the substantial demand for pre-primary education and care in the local community (Imizamo Yethu).

- Provide the children with balanced nutrition that is a crucial factor in the physical and mental development of youth in their early life stages.
- Teach children the English language, personal hygiene and care.
- Enable parents of historically disadvantaged backgrounds to integrate into the South African workforce by providing a suitable and reliable space and care for their children while at work.
- Create employment with reasonable pay within the community, for the community, to help break the cycle of poverty.
- Create a space of interaction for members from ALL strata of SA society from different national, social, ethnic and economic background.

After School Programme :

Volunteers can choose to attend this afternoon programme, which supports orphaned and vulnerable children and their families in the Hout Bay area after school in the afternoons.

This programme offers holistic After School Care programmes to the primary school children of Imizamo Yethu informal settlement in Hout Bay. This service includes home visiting, advocacy and referral for their family carers. They work to ensure that family units remain strong under the strain of illness and poverty, and to support communities in caring for their orphaned and vulnerable children.

Education brings hope for the future and promotes self-worth and dignity. All people should have a right to these.

Programme details

You will assist class teachers with their daily routine. You will work closely with the Day Care team and help to create and organise the children's daily routine.

What you should bring along:

- Genuine love for and interest in children.
- Patience, tolerance and respect towards children.
- Agility and energy to engage in physical child play.
- Willingness to work closely with the teacher – remembering that the teacher is in charge and the volunteer is assisting her. The teacher is ultimately responsible for the children in her care.
- Stress-resilience.

Your role

Day Care Centre: Monday – Friday, from 08:30 – 13:00.

After School Programme: Monday – Friday, from 14:00 – 17:00.

Generally, the role can include:

- Welcoming children and assisting with getting ready for their day at the school.
- Breakfast – help with laying and clearing of tables, supervise eating during breakfast, snack & lunchtime.
- Brushing of teeth – assist with toothpaste, supervise brushing of teeth, washing of hands and toilet routine during and between lessons. Toilets, washbasins and floor are to be kept clean.
- Assist teacher in all areas of the daily class creative activities – this depends on daily activity and programme which teacher has to follow.
- Before morning break – prepare fruit and hand out to children. Water/tea to be served to each child.
- Outside play – teachers and volunteers to supervise and play with children, i.e. ball games etc.

- 
- Music Ring – assist with songs, rhythmic activities, games and books.
 - Lunchtime – move tables and chairs onto the veranda, oversee eating and help with clearing.
 - Sleeping time – assist with floor cleaning and preparing classroom for resting time.
 - Assist in kitchen with food service.
 - You are able to assist with art, music or physical science during class or in the afternoon.
 - Some children may need special attention with English, writing, drawing, maths or general schoolwork. The class teacher will advise you where to assist.
 - Emotional support
 - Tutoring

It is important to note that this description serves as an example only. The daily tasks and challenges depend on the volunteer and the work that needs to be done. The final job description can therefore vary substantially from the above.

Arrival

You will need to arrive at Cape Town International Airport. Our driver will meet you at the airport and take you to your accommodation.

Day of arrival is Saturday, but it is possible to arrive earlier at an extra charge.

Accommodation

You will stay in a communal house just 10 minutes drive from the project. The house has 2 bedrooms that share a bathroom and a dorm that sleeps 4. There's a fully equipped communal kitchen with a microwave, BBQ facilities, oven and a washing machine. The house has great views of the bay, a fireplace and pool. There are musical instruments as well as free satellite TV and WiFi. There's also a large garden. Linen and towels are provided. Laundry (self-service) is available.

Meals

Self-catering. Lifts to the supermarket for grocery shopping (5 minute drive) are provided twice a week or upon request at an additional fee.

Free time

Hout Bay is just 20 minutes away from Cape Town and easily accessible by public transport. The volunteer house is a 5min drive from the beach, the harbour, shopping centres, restaurants and bars. A variety of activities are offered, i.e. fishing, diving, sailing, hiking, a wine tour, as well as loads of entertainment. You can hike up Table Mountain, bike Chapman's peak, do a guided township tour and much more. A highlight is the Hout Bay Harbour Market with craft beer, delicious food, a craft market and live music. Hout Bay is a beautiful place where you can meet travellers from all over the world.

How to get to the project

There is a daily transfer from the volunteer house to the project and back.



What to bring

There are no special requirements in this regard but we recommend bringing comfortable, practical clothes. Anything else you might need is readily available at local supermarkets in South Africa.

While there is no specific uniform, volunteers are asked to wear sensible clothing, e.g. long shorts and closed shoes. Hot pants, string bikinis and flip-flops are not suitable for work.

Medical insurance

It is required that you take out medical insurance before travelling to South Africa. For stays exceeding 90 days, it is compulsory to take out a South African medical insurance. We recommend NetworX from Compcare, which is specifically designed for people who visit South Africa for 3 to 12 months. You will receive an information leaflet and an application form together with your confirmation of booking.

Health

No vaccinations are required except for travellers going to the north-eastern areas of South Africa, where anti-malaria precautions are recommended. Clients should consult their doctor for recommendations.

A yellow fever certificate is compulsory for those persons who have travelled from, or intend travelling through, countries in the yellow fever belt:

Africa: Angola, Burundi, Benin, Burkina Faso, Cameroon, Central African Republic, Chad, Congo, Equatorial Guinea, Ethiopia, Gambia, Gabon, Guinea, Guinea-Bissau, Ghana, Ivory Coast, Kenya, Liberia, Mali, Niger, Nigeria, Sao Tome and Principe, Senegal, Sierra Leone, Somalia, Sudan, Rwanda, Tanzania, Togo, Uganda, Zaire.

South America: Bolivia, Brazil, Colombia, Ecuador, French Guyana, Guyana, Panama, Peru, Surinam, Venezuela, Argentina and Paraguay.

Bring medication just in case you suffer from any travel-related illnesses, e.g. stomach upsets, since your body needs to adjust to the change in food and water during your first few days in South Africa.

It is important to keep in mind at all times that HIV and Aids are widespread diseases in South Africa.

Safety

HIV and AIDS are a major public health concern. You should be aware that you are working with children that could be infected.

What's included / not included

Included:

- Project placement
- Airport transfer on arrival

- 
- Accommodation (Communal House: dorm-style room, shared bathroom, self-catering, laundry with self-service)
 - Daily transfer to and from the project
 - A donation towards the project
 - Good Hope Volunteers welcome pack
 - Weekly site visits by our coordinator
 - An orientation at the beginning of your volunteering
 - Electronic certificate (printed copy on request)
 - Local support including a 24-hour emergency number
 - WiFi

Not included:

- Food
- Any other transport
- Any items of a personal nature

Visa

You can volunteer in South Africa on a visitor's visa for up to 90 days.

Nationals from certain countries (e.g. Brazil, Switzerland, Germany, Australia, France, Netherlands, Spain) will receive their visa when entering South Africa. Other nationals need to apply for a visitor's visa at a South African Embassy in their home country before travelling.

If you come to South Africa on a visitor's visa, you can extend once by another 90 days.

If you plan to come for more than 90 days, you need to apply for a visa at a South African Embassy in your home country.

For the latest information contact the South African Embassy or Good Hope Volunteers.