



Teen Activity Programme Summer Muckross/Lissivigeen (Privates)

Week 25	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Visit to Killarney National Park, Muckross House and Gardens and Dundag beach http://bit.ly/TiCWf4	Climb up Torc Waterfall; you will enjoy breathtaking views of the whole of the National Park and Killarney http://bit.ly/QVcD9I	Traditional Music Lesson with Brendan O Sullivan; learn how to play the tin whistle and the bodhran with a professional music teacher. http://bit.ly/2nerAe5	Pitch and Putt at the Gleneagle; enjoy a round of 3 par golf at this picturesque course	Cycling Tour of Killarney National Park, Muckross House, Dundag Beach and Torc Waterfall http://bit.ly/P9fRtX	Sightseeing visit to Blarney castle; built by one of Ireland's greatest chieftains and walk in the grounds. http://bit.ly/TXT9WN
Week 26	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jaunting Car Trip around Killarney National Park; enjoy this sightseeing tour around Killarney by horse and cart bit.ly/wepKG7	Sports in the Spa GAA Club with renowned skills coaches; basketball, soccer and Zumba	Motor boat trip to Dinis; enjoy this fantastic boat journey through the two lakes via the meeting of the waters http://bit.ly/XmQKnh	Irish Dancing Talk and Class with Lisa Hegarty; find out information about Irish Dancing and learn how to wow people back home with a jig or a reel! http://bit.ly/QmwjBV Or Capoeira Workshop with Testa Wilson; learn about and practice this fascinating martial art from Brazil. http://bit.ly/PbSvE7	Afternoon disco in McSorleys Nightclub Killarney Town Centre http://bit.ly/2pKYUsM	Day Trip to the quaint picturesque town of Dingle; and visit to thrilling 'Play at Height' Climbing Wall Centre. http://bit.ly/1P9Ixlw
Week 27	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

	<p>Orienteering in Killarney National Park at Bluepool wood with Rory. http://bit.ly/VdtHhz</p>	<p>Sports in the Spa GAA Club with renowned skills coaches; volleyball, kick boxing, Gaelic football and tag rugby .</p>	<p>Cycling Tour of Killarney National Park, Muckross House, Dundag Beach and Torc Waterfall http://bit.ly/P9fRtX</p>	<p>Climb up Torc Waterfall to see the stunning views of Killarney and the lakes of the National Park http://bit.ly/QVcD9I</p>	<p>Afternoon disco in McSorleys Nightclub Killarney Town Centre http://bit.ly/2pKYUsM</p>	<p>Day Trip to Ballincollig to do RollerJam and then shopping in Cork City. http://bit.ly/2EXgNtn</p>
Week 28	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Swimming at the Aquila Club in the Gleneagle Hotel</p> <p>OR</p> <p>Pitch and Putt at the Gleneagle; enjoy a round of 3 par golf.</p>	<p>Indoor and outdoor Sports in the Spa GAA Club with renowned skills coaches: basketball, frisby-throwing, Zumba and bubble soccer.</p>	<p>Jaunting Car Trip around Killarney National Park; enjoy this sightseeing tour around Killarney by horse and cart bit.ly/wepKG7</p> <p>(new students)</p> <p>OR</p> <p>Trip to Killarney Cineplex (existing students)</p>	<p>Knockreer nature/ecology workshop; enjoy learning about the animal and plant life of Killarney National park http://bit.ly/2pxXW88</p>	<p>Afternoon disco in McSorleys Nightclub Killarney Town Centre http://bit.ly/2pKYUsM</p>	<p>Day Trip to Eclipse Adventure Centre to do a wide range of water sports and obstacle courses. http://www.eclipseireland.com/</p>
Week 29	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

	<p>Cycling Tour of Killarney National Park, Muckross House, Dundag Beach and Torc Waterfall http://bit.ly/P9fRtX</p> <p>OR</p> <p>Jaunting Car Trip around Killarney National Park; enjoy this sightseeing tour around Killarney by horse and cart bit.ly/wepKG7</p>	<p>Indoor and outdoor Sports in the Spa GAA Club with renowned skills coaches: Volleyball, kick-boxing, circuit training and tag rugby.</p>	<p>Irish Dancing Talk and Class with Lisa Hegarty; find out information about Irish Dancing and learn how to wow people back home with a jig or a reel! http://bit.ly/QmwjBV</p> <p>Capoeira Workshop with Testa Wilson; learn about and practice this fascinating martial art from Brazil. http://bit.ly/PbSvE7</p>	<p>Motor boat trip to Dinis; enjoy this fantastic boat journey through the two lakes via the meeting of the waters. http://bit.ly/XmQKnh</p>	<p>Afternoon disco in McSorleys Nightclub Killarney Town Centre http://bit.ly/2pKYUsM</p>	<p>Day Trip to the quaint picturesque town of Dingle; and visit to thrilling 'Play at Height' Climbing Wall Centre. http://bit.ly/1P9Ixlw</p>
Week 30	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Orienteering in Killarney National Park at Bluepool wood with Rory. http://bit.ly/VdtHhz</p>	<p>Climb up Torc Waterfall to see the stunning views of Killarney and the lakes of the National Park. http://bit.ly/2nP3hpF</p>	<p>Indoor and outdoor Sports in the Spa GAA Club with renowned skills coaches: Basketball, Zumba, Frisbee-throwing and bubble soccer</p>	<p>Visit to Killarney Cineplex to see one of a wide range of international films.</p>	<p>Afternoon disco in McSorleys Nightclub Killarney Town Centre http://bit.ly/2pKYUsM</p>	<p>Day Trip to Ballincollig to do RollerJam and then shopping in Cork City http://bit.ly/2EXqNtn</p>
Week 31	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

	<p>Jaunting Car Trip around Killarney National Park; enjoy this sightseeing tour around Killarney by horse and cart (for new students) bit.ly/wepKG7</p> <p>OR</p> <p>Table Quiz (for existing students)</p>	<p>Indoor and outdoor Sports in the Spa GAA Club with renowned skills coaches: Volleyball, kick-boxing, and tag rugby</p>	<p>Swimming at the Aquila Club in the Gleneagle Hotel</p> <p>OR</p> <p>Pitch and Putt at the Gleneagle; enjoy a round of 3 par golf.</p>	<p>Knockreer nature/ecology workshop; enjoy learning about the animal and plant life of Killarney National park</p> <p>http://bit.ly/2pxXW88</p>	<p>Afternoon disco in McSorley's Nightclub Killarney Town Centre http://bit.ly/2pKYUsM</p>	<p>Day trip to Banna Strand near Tralee or Inch Beach near Dingle to learn surfing with Tom from Kingdom Waves Surf School. https://kingdomwaves.com/</p>
Week 32	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	DAY TRIP TBA	<p>Indoor and outdoor Sports in the Spa GAA Club with renowned skills coaches :basketball, Zumba and bubble soccer</p>	<p>Visit to Killarney Cineplex to see a wide range of international films</p>	<p>Irish Dancing Talk and Class with Lisa Hegarty; find out information about Irish Dancing and learn how to wow people back home with a jig or a reel! http://bit.ly/QmwjBV</p> <p>OR</p> <p>Capoeira Workshop with Testa Wilson; learn about and practice this fascinating martial art from Brazil. http://bit.ly/PbSvE7</p>	<p>Afternoon disco in McSorleys Nightclub Killarney Town Centre http://bit.ly/2pKYUsM</p>	<p>Day Trip to Ballyhass Lakes Adventure Centre. https://www.ballyhasslakes.ie/</p>
Week 33	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

	<p>Jaunting Car Trip around Killarney National Park; enjoy this sightseeing tour around Killarney by horse and cart (for new students) bit.ly/wepKG7</p> <p>OR</p> <p>Cycling Tour of Killarney National Park, Muckross House, Dundag Beach and Torc Waterfall (for existing students) http://bit.ly/P9fRtX</p>	<p>Indoor and outdoor Sports in the Spa GAA Club with renowned skills coaches; volleyball, kick-boxing and tag rugby</p>	<p>Climb up Torc Waterfall to see the stunning views of Killarney and the lakes of the National Park.</p> <p>http://bit.ly/2nP3hpF</p>	<p>Knockreer nature/ecology workshop; enjoy learning about the animal and plant life of Killarney National park</p> <p>http://bit.ly/2pxXW88</p>	<p>Motor boat trip to Dinis and Inisfallen island; enjoy this fantastic boat journey through the two lakes two the meeting of the waters</p> <p>http://bit.ly/XmQKnh</p>	<p>Day Trip to the quaint picturesque town of Dingle; and visit to thrilling 'Play at Height' Climbing Wall Centre. http://bit.ly/1P9Ixlw</p>
Week 34	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Orienteering in Killarney National Park at Bluepool wood with Rory.</p> <p>http://bit.ly/VdtHhz</p>	<p>Indoor and outdoor sports in the Spa GAA Club with renowned skills coach; basketball and bubble soccer</p>	<p>Art with Tracy</p>	<p>Irish Dancing Talk and Class with Lisa Hegarty; find out information about Irish Dancing and learn how to wow people back home with a jig or a reel.</p> <p>http://bit.ly/QmwiBV</p> <p>OR</p> <p>Capoeira Workshop with Testa Wilson; learn about and practice this fascinating martial art from Brazil.</p> <p>http://bit.ly/PbSvE7</p>	<p>Visit to the Traditional Farms in Muckross National Park.</p>	<p>Day Trip to Eclipse Adventure Centre in Kenmare to do bog running, kayaking and raft building</p>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jaunting Car Trip around Killarney National Park; enjoy this sightseeing tour around Killarney by horse and cart / Scavenger Hunt around Killarney bit.ly/wepKG7	Climb up Torc Waterfall to see the stunning views of Killarney and the lakes of the National Park. http://bit.ly/2nP3hpF	Visit to Killarney Cineplex to see one of a wide range of international films.	Traditional Music Lesson with Brendan O Sullivan; learn how to play the tin whistle and the bodhran with a professional music teacher. http://bit.ly/2nerAe5	Cycling Tour of Killarney National Park, Muckross House, Dundag Beach and Torc Waterfall http://bit.ly/P9fRtX	Day Trip to Glengarriff, boat trip over to Garnish Island; a paradise of gardens and tropical plants http://bit.ly/R8egSd40
Week 36	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Guided tour of Arthur Young walk in Killarney National Park; enjoy this magnificent walk with Killarney's famous guide; Mike O Connor http://bit.ly/XnhVhW	Cycling Tour of Knockreer , Ross Castle and the ancient copper mines http://bit.ly/2EVyGPY	Irish Dancing Talk and Class with Lisa Hegarty; find out information about Irish Dancing and learn how to wow people back home with a jig or a reel. http://bit.ly/QmwjBV	Ross Castle and Motor boat trip to Inisfallen island; enjoy this fantastic boat journey out to Inisfallen island to see the medieval church ruins. http://bit.ly/XmQKnh	Visit to Muckross Traditional Farms; go back in time and see how Irish people used to live, visit their cottages, farms and watch them making bread and butter http://bit.ly/2nOWzi5	Trip to the Ring of Kerry with Deros Coaches http://bit.ly/2nvn9hn